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"God, and Your Inner Conflicts"
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1/28/64
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Scripture Lesson:-

Text:- Romans 7: 24. "Oh wretched man that I am!

who shall deliver me from the body of this death?"

Introduction:- We, today are living in a world of inner conflicts. The people of America are suffering from mental ills, because they have obscured God out of their lives. We are today just beginning to realize that we need God to help us realize to the fullest that it is God in human life that makes it worth while. Life without God is a stream of hopelessness.

What can God do for your life?. Specifically, what can God do for you and your particular problem?

In the first place He can deal with sin in your life. In the last few years psychiatrists have invented a new name for the sin conscious, and they have named it "guilt complex". No matter what you call it, it is something we all grapple with. The pleasure loving son, the immoral father, the proud daughter and the vain mother- all of those whose bad habits or attitudes have wreaked their lives, are inwardly ashamed of themselves. Christ offers, to all of you an opportunity to be a new person, a chance to find a new quality in life.

I am convinced also, that before a person can find Christ he must have a guilt complex. If you

have a guilt complex you should thank God, because that is the first step to finding peace with God.

A person must recognize that he has sinned against God. His conscience must bother him about sin before

he can turn to the Lamb of God that taketh away the sin of the world. If you have a guilt complex,

you can come to the foot of the cross, to Christ who died for your sins, and find forgiveness and peace. The ministry of Christ was punctuated

with pronouncements of forgiveness, "Be of good cheer, thy sins be forgiven thee and either do I condemn thee; go thy way and sin no more." These

praises, when acted upon, brought deliverance to the captives of his day and can bring deliverance to you

II.

Then, too, God can rid you of anxiety. Modern pressures have produced a disease called "anxiety."

Man, has always been beset by worries. Jesus said to men of all centuries, "Take therefore no thought

for the morrow, but seek ye first the kingdom of God, and his righteousness; and all these things

shall be added unto you!" (Matthew 6: 33, 34.)

In America, fifteen thousand people committ

suicide every year because they cringe at the

thought of living on in a spiritual vacuum. If they had obeyed the injunction of Christ and sought his

kingdom, then all the things they had hoped for

would have found fulfillment.

We all have many anxieties. We can bring them to Christ by faith. He can bring peace to our souls

our hearts and minds, and can help us solve the problems of life.

III.

God can help us to be free from the sin of self-perplexity. There is much in our nature that perplexes us. Can you give satisfactory answers to such questions as these. "Who am I? Why was I born? What am I doing? Where am I going?"

All the serious questions of life can be answered by faith in Jesus Christ, and receiving Him as our Savior and Lord. Man wants direction, man wants authority, he wants someone to control him.

That someone is Jesus. Let him be your Lord. Let him be the Lilot of your life, and he can and will take away the anxiety and worry from your life.

IV.

Then God can deliver you from loneliness. God did not make us to live in unbearable loneliness.

God used to come to man in the Garden of Eden at eventide and converse with him to keep him from being lonely. One of the most heartening things

Jesus ever said to the disciples was, "Lo, I am with you always, even to the end of the world."

(Matthew 28:20). He came to restore the lost fellowship of man and God and to take away human loneliness.

Let Jesus Christ come into your heart today. He can take away the loneliness of your soul. He will come into your room or ride with you in your car and be your companion and friend, and be to you a friend that sticketh closer than a brother.

"Commit thy way unto the Lord. Trust also in him, and he shall bring it to pass. Commit means to let

Christ can make you to be free of inner conflicts. Man, without God, is always torn between two urges: his nature prompts him to do wrong, and his conscience urges him to do right.

Paul must have been in the midst of such a conflict when he cried, "Oh wretched man that I am! who shall deliver me from the body of this death." He answered it himself, when he said, "I thank God, through Jesus Christ, my Lord." Yes, God can rid you of inner conflicts if you will put your faith and trust in His Son, Jesus Christ.

God is not a person, with a great stick in His hand, only to be feared; but God is a friend who wants to cleanse you, and help you and forgive you. You say, when he has delivered me from all of my inner conflicts, what does he give to live by?

"My peace I give unto you", said Christ. When he takes away your loneliness he brings to your life the power of His presence. To a lonely bunch of disciples who thought they were forsaken of Him, He said, "Lo, I am with you alway, even to the end of the world." (Matthew 28:20). He says that to you.

For self perplexity he gives the assurance of his grace and adequacy. In exchange for your anxiety he will give you a confidence and trust which knows no bounds. For your sin he will give you a sense of pardon and imparted holiness.

In Psalm 37:5 there is a verse which gives us a formula for making contact with God. It says, "Commit thy way unto the Lord. Trust also in him, and he shall bring it to pass. Commit means to let

go, to relinquish. That is the first step toward knowing God. Relinquish all your preconceived notions about him and accept him without any reservations whatsoever.

The next step is faith. "Trust also in him!" Nothing is said about doctrine, theology or creed. It simply says to trust in a person, the person of the Lord Jesus Christ. Too often we try to theorize, to rationalize. But we need not do that. All we need to say is, "I trust him, I believe in him. If you can do that, he will come into your life and make you a new person.

Conclusion:- Will you let him in this morning? Whoever you are, let him come in and solve your problems. Let him bring peace, joy and rest to your life, rest that you have always wanted and longed for. Receive him as your Savior and Lord. If you have problems and difficulties, come to this altar this morning and talk to him about it. Will you come? Just now? Today is the day of salvation. Tomorrow may never come for you.